



Friday, November 2, 2018

Start Time: 6:05 pm

5K (3.1 mile) & 1 Mile

Lake Park Lodge, Winona, MN

Wheelchair entries start 5 minutes prior to the runners/walkers 5k and 1 mile event

Proceeds support Winona ORC, a nonprofit agency that provides job opportunities for people with Special Needs

5k Pre-Registration: \$20 per person by October 18 to guarantee a T-shirt on race day

\$18 per person for groups of 5 or more (group forms in one envelope)

5K Race Day: \$25 race day or after October 18 (not guaranteed a T-shirt)

1 Mile Pre-Registration: \$15 per person by October 18 to guarantee a T-shirt on race day

1 Mile Race Day: \$20 race day or after October 18 (not guaranteed a T-shirt)

Early Packet Pick up: Thursday, 11/1, 4-6 p.m. at Winona ORC, 1053 E Mark St.

Race day registration and packet pick up: 4:30 p.m. at Lake Park Lodge—

foot of Main Street and Lake Street, Winona, MN

Course: East Lake Winona, out and back, flat and fast

5k Awards: 1st and 2nd place in each age division and overall winners

Age Groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

No Awards for 1 Mile distance

Mail to: Winona ORC Starlight Stroll

1053 E. Mark St.

Winona, MN 55987

Make checks payable to: Winona ORC Starlight Stroll

For additional information: <http://www.winonaorc.org/starlightstroll/> or PH: 507-452-1855

Awards and Post Race Party at the American Legion—302 E Sarnia St, Winona

Registration Form:

Register online at: www.active.com

Check one: ☐ 5K ☐ 1 Mile ☐ Wheelchair

Male _____ Female _____ DOB ____/____/____

Age on day of race: _____ Phone #: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Group Name (min 5 people): _____

Adult T-shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ No Shirt

With my signature signed below, I acknowledge my understanding that participating in the Winona ORC Starlight Stroll 5k and 1 Mile event, involves a strenuous activity which I am physically capable of undertaking and I represent that I have received no restrictions on such activity from any physician. I further understand that my participation in the Run/Walk/Roll involves inherent risks of personal injury and loss of property.

I hereby absolve myself, my heirs, executors and administrators, forever, any and all rights and claims or damages I may accrue against Winona ORC Industries and its employees, the City of Winona and its employees, volunteers and any other advertised sponsor as well as individuals having connection to this event for any and all illness or injuries, accidents, property losses or hazardous health conditions suffered by me while participating in the race on Friday, November 2, 2018.

I also grant to the Released Parties the right and permission to copyright and/or publish, reproduce or otherwise use my name, voice and likeness and/or written material, photographs, motion pictures and audio-visual, magnetic recording about me as a result of or in connection with my participation in the Starlight Stroll 5k/1 Mile Road Race. I agree to relinquish all rights, title and interest I may have in the finished product or the advertising copy that may be used in connection therewith and waive all rights to payment or compensation therefore.

Signature: _____

Parent/Guardian (if under 18): _____